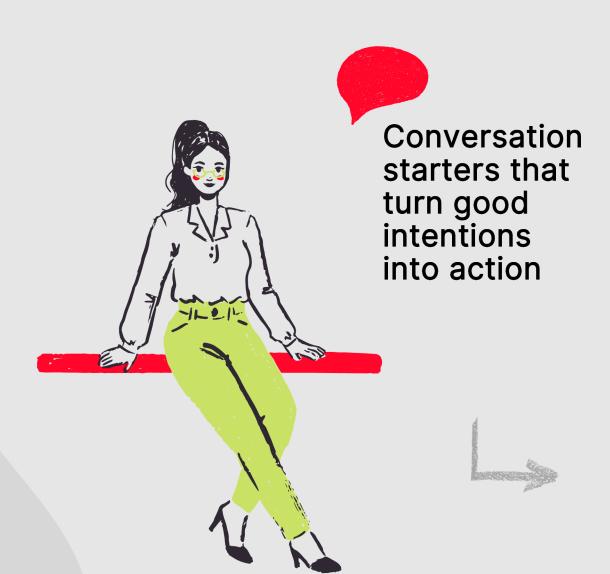
# 7 high-impact ways to invite meaningful allyship



### Get him to reflect on power dynamics



"I've been thinking about airtime in meetings. Ever notice who gets interrupted?"

#### **Next**

"Would you help ensure voices get heard by redirecting back when someone's cut off?"



#### Position him as a bridge



"I know you have influence with [person]. Can you suggest how to raise this idea?"



"Could you amplify this message when I raise it?"



#### Reinforce visible allyship



"I've seen how you advocate for others. It makes a difference."

#### **Next**

"I'd value that kind of visible support for [specific project/initiative]."



### Name the isolation directly



"I feel like I'm the only one raising hard questions sometimes. Do you notice that too?"

#### **Next**

"Would you be open to a quick debrief after meetings to compare notes?"



### Make a direct ask with appreciation



"I'm pursuing a leadership development opportunity. Would you champion it?"

#### Next

"I can provide the key points to help make the case."



### Get sponsorship clarity



"Do you see my work being discussed in rooms I'm not in?"

#### Next

"Would you help me gain visibility at the right level?"



### Seek Executive Presence Insights



"How do senior leaders perceive my contributions?"



"What actions would strengthen my credibility?"



### These aren't just conversations.

They're invitations to actionable support.



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