

# 11 Things I know at 58 I wish I knew at 28



1

# Playing it safe limits everything you can become.

I avoided opportunities that felt  
uncomfortable. It cost me the  
connections that accelerate careers.



2

**One failure can  
make you second-  
guess for years.**

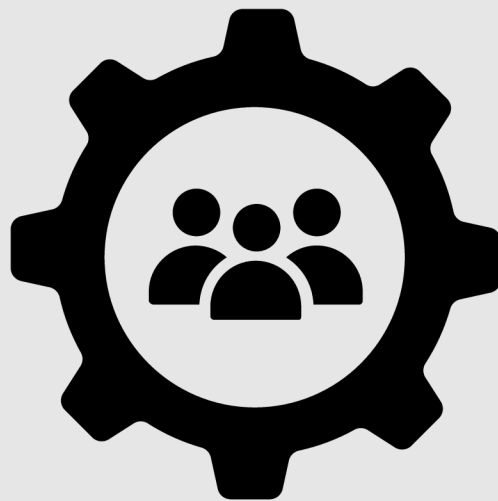
Confidence isn't linear  
- it comes and goes



3

# Being organized creates space for what matters.

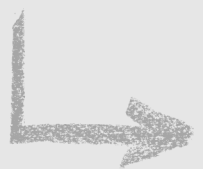
When logistics are handled,  
you can focus on people.



4

# **Your childhood struggles become your work strengths.**

Mine taught me about feeling out of place, which helped me create belonging for 1,900+ women.



5

**Skills get you noticed.  
Being real gets you  
remembered.**

Perfect people are admired.  
Authentic people build lasting  
relationships.



6

# Lifting others up grows your influence.

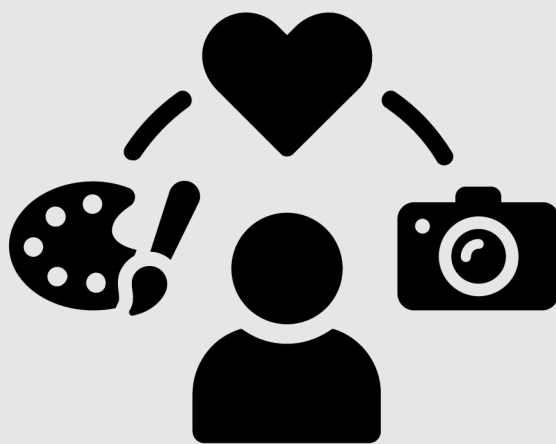
When you help voices be heard,  
you get respect. My platform grew  
when I shared others' stories.





# Your hobbies will help you in surprising ways.

What restores you  
teaches you how to serve.

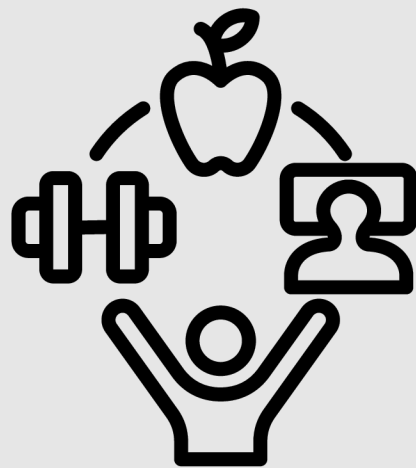




8

# Small habits build more strength than big moves.

Daily planning builds decision  
muscle, and creates  
foundation for big challenges.



9

**When life disrupts  
your plans, it reveals  
your purpose.**

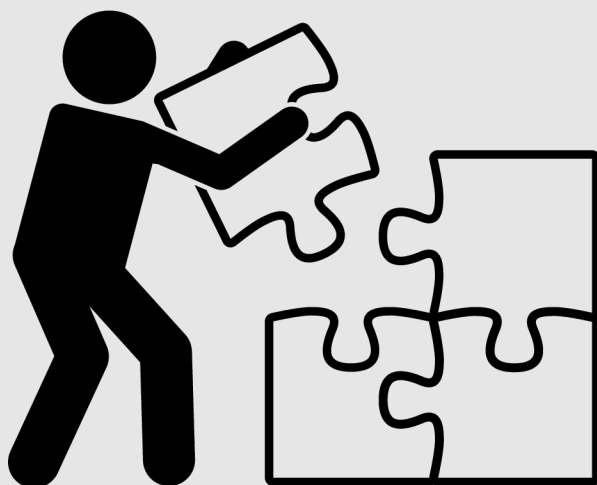
What you overcome,  
you help others overcome.



10

**You can build the  
community you  
need at any age.**

Today's struggle often  
becomes tomorrow's mission.



11

# Choose growing industries over perfect jobs.

It's easier to rise when the whole sector is expanding.



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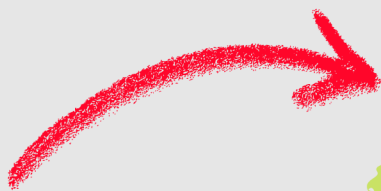
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