How to discover your post-leadership North Star

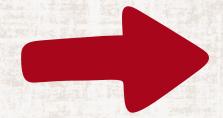




The legacy lens

Write down three changes you've helped create that outlasted your direct involvement.

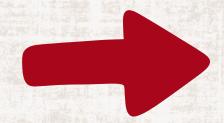
- What patterns do you see?
- What values drove those contributions?
- What made them meaningful beyond measurable outcomes?



2. The joy inventory

Track your energy for two weeks.

- When do you feel most alive? Most absorbed? Most content?
- Look for patterns that might reveal paths forward unrelated to achievement metrics.

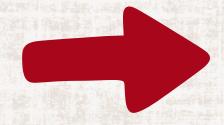


3. The wisdom circle

Gather 3-5 people who know you well but in different contexts. Ask them:

- When have you seen me at my best?
- What contributions do you think I'm uniquely positioned to make?

Their perspectives often reveal patterns we can't see ourselves.



Ideas to spark additional discoveries

- Conduct a joy audit of your pre-leadership interests.

 Rediscover passions that leadership demands sidelined.
- Experiment with activities without achievement metrics.

 Try things just for experience, not excellence
- ➤ Create a personal values card sort exercise.

 Identify what truly matters beyond corporate values.
- Ask trusted friends what lights you up.

 Others often see our passion patterns clearly.
- ➤ Volunteer in completely unfamiliar environments. New contexts reveal different aspects of yourself.



More ideas to spark additional discoveries

- ➤ Identify 3 legacy contributions you're most proud of. Your proudest achievements contain purpose clues.
- Schedule regular "curiosity dates" with yourself.

 Dedicated exploration time sparks unexpected interests.
- ➤ Write "permission slips" for directions that intrigue you. Give yourself freedom to explore without commitment.
- Try sitting with uncertainty rather than rushing decisions. Discomfort often precedes meaningful discovery.
- > Create a "meaning board" instead of a vision board. Focus on feeling states rather than achievements.



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