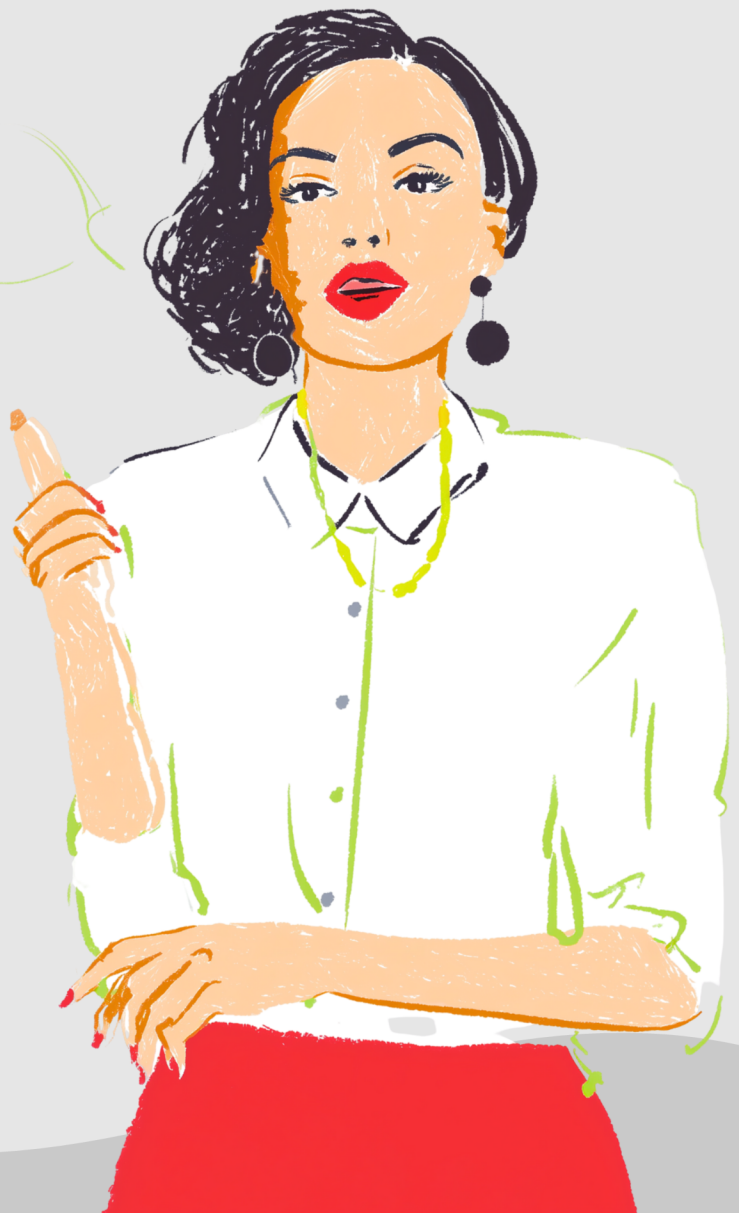


How to speak up when it feels safer not to

10 ways to challenge with respect and lead without regret





**If you don't
speak up,
people assume
you agree.**

The unspoken truth

Silence doesn't protect you.
It defines you.

Your move

"I see it differently.
Can I explain why?"





Being first is uncomfortable.

The unspoken truth

But it opens the door for others to follow.

Your move

“Is anyone else thinking about it differently?”





**You teach
people how
to treat you.**

The unspoken truth

Every “sure” tells them
their idea is fine.

Your move

“I don’t love that direction.
Here’s why.”





Disagreeing isn't disrespectful.

The unspoken truth

Tone matters
more than opinion.

Your move

“Would it be okay
if I offered a pushback?”





Fake harmony blocks real solutions.

The unspoken truth

If no one disagrees,
nothing gets better.

Your move

“I wonder what we’re
not saying yet?”





Credibility builds real influence.

The unspoken truth

People listen to who
earns their respect.

Your move

Build it by asking
smart questions.





**Silence sends
a message,
even if you
don't mean to.**

The unspoken truth

People assume you're on board.

Your move

"I have another take. Can I share it?"





You don't need everyone to agree.

The unspoken truth

But you do need to speak clearly.

Your move

Say what you mean in one sentence, then pause.





You don't need a title to lead.

The unspoken truth

Trust is built by what you do,
not what you have.

Your move

Be the steady voice people
rely on when it counts.



10

**People
remember who
spoke when
they couldn't.**

The unspoken truth

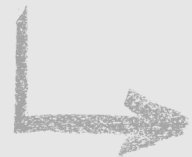
Your voice might be
the one they needed.

That's leadership.



**You don't have to
take over the room.**

You just have to move it forward.



Find this useful?



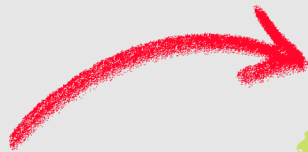
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